Link tech

PREMIUM
VIP PRODUCT

SMART WATCH

Enjoy Your Smart Watch

Model: LPW-S106

Smart Watch

User Manual

Heart **Rate**

IP68 **Waterproof**

Bluetooth **Calling**

Stress **Monitoring**

Note: Waterproof performance

The device is not suitable for diving or swimming in the sea; and not suitable for hot water baths, hot springs, saunas, etc

User Manual

Notes:

1. The company reserves the right to modify the contents of this manual without prior notice. It is normal for some functions to vary in certain software versions.
2. Please charge this product using the provided cable for no less than 2 hours before use.
3. Before using the product, you need to connect the app to synchronize the time and set your personal information.
4. This product has an IP68 waterproof rating but is not suitable for deep-sea diving. Exposure to hot water, tea, or other corrosive liquids can damage the watch and will void the product warranty and free maintenance services.

How to wear

Please wear the device on your wrist correctly, about one finger from the carpal and adjust it to comfortable position. Below picture as reference.

Tip: Please wear the device a bit little tighter when heart rate monitor.

How to Download & Connect to APP

methods to download & install APP:

A. Find the QR code on setting page. Turn on the watch, open “Settings—About—Download QR code” , scan QR code to download and install “ LT Watch+” APP

B. Scan below “LT Watch+” QR code to download and install “ LT Watch+” APP

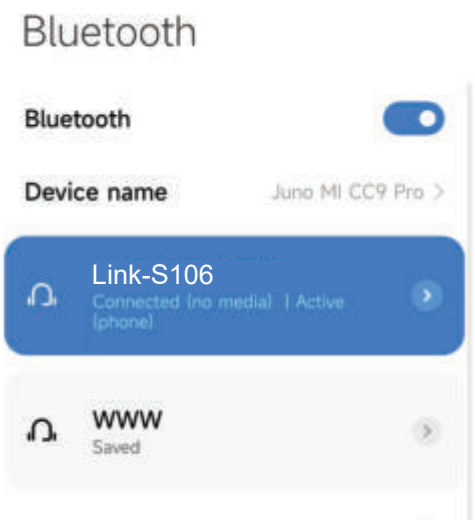
C. Search “LT Watch+” in App Store or Play Store to download and install “ LT Watch+” APP

Connection Binding

(1) Open LT-Watch+, click on "Add Device" on the device page. Add the device by means of Bluetooth search, and follow the instructions on the screen to proceed with the operation.

(2) Connection for Bluetooth call function

After the watch is successfully paired with the APP, a prompt will pop up asking whether to pair with LINK-S106. Click "Allow Pairing". Only when the pairing is successful can the phone call function be used. (Note: If you don't click "Allow Pairing", the phone call function will not be available. You need to go to the Bluetooth settings in the mobile phone system, search for LINK-S106, click "Pairing", and only when the pairing is successful can the phone call function be used normally.)

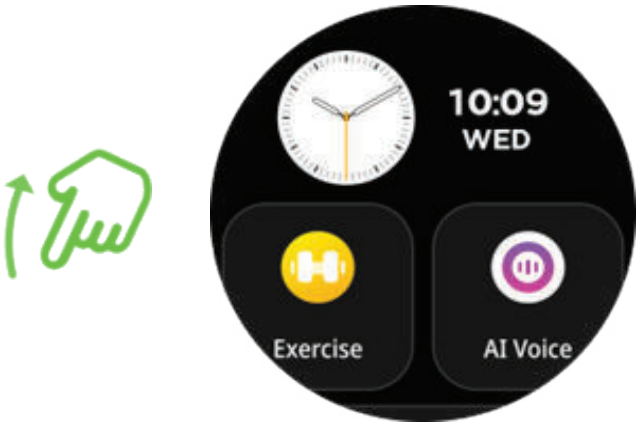


Note:

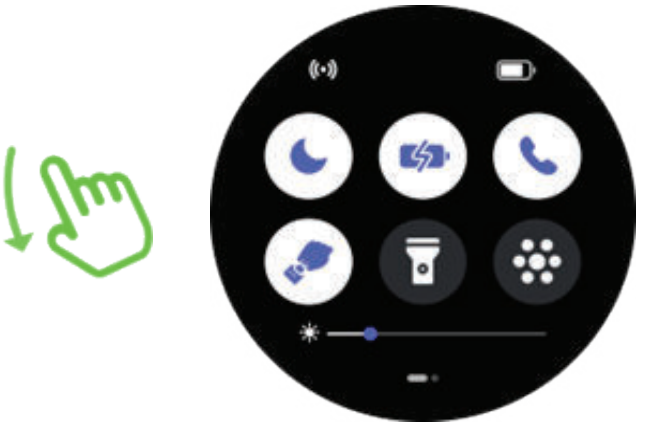
1. Please do not directly pair the device in the Bluetooth list of the mobile phone system to avoid the situation where the "LT-Watch+" APP fails to connect to the watch.
2. Please allow the "LT-Watch+" APP to obtain permissions such as "Location, Phone, Camera" of your mobile phone to ensure a successful pairing.

Operating Instructions

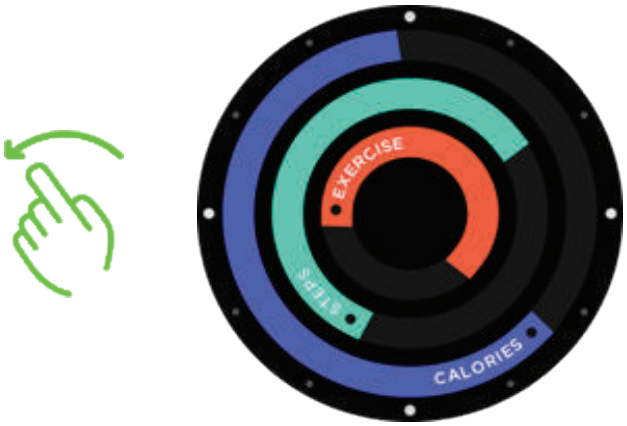
Swipe Up: Smart Stacking



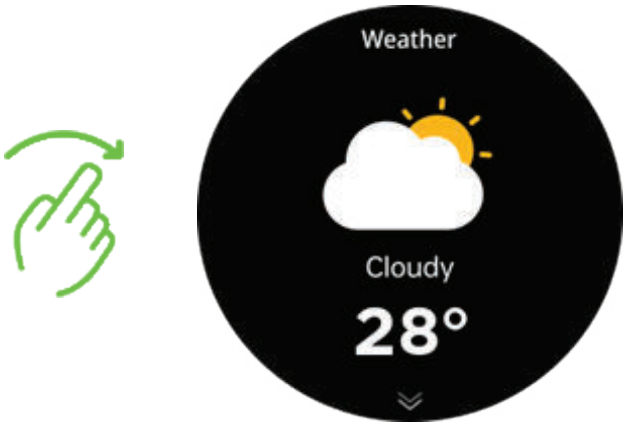
Swipe Down: Control Center



Swipe Left: Activity Center



Swipe Right: Weather



Operating Instructions

Crown and Buttons:

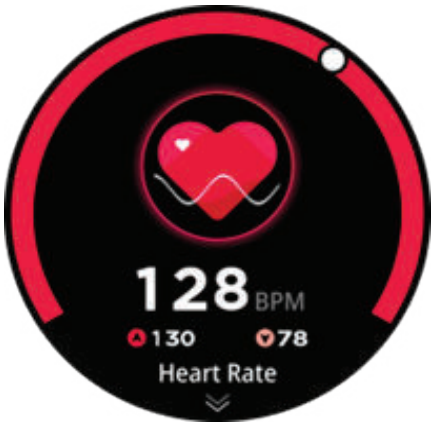
Upper Button: Press the button once to turn the screen on or off, and it will also return to the previous functional interface.

Rotating Crown: Press and hold the crown to turn the watch on or off. Press the crown once to enter the menu list. When on the menu interface, rotating the crown allows you to scroll up and down.

Lower Button: Press the button once to enter the sports list and return to the previous functional interface.

Function Introductions

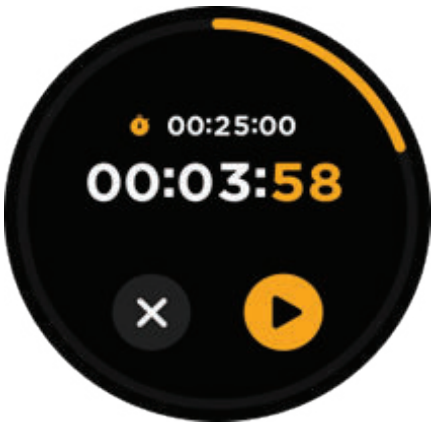
	Exercise: Detailed record of steps, calories, and exercise duration for the day. More detailed information analysis and data records can be viewed in the APP.
	Sleep: You can record the total sleep time of last night and the duration of deep sleep and light sleep. More detailed information analysis and data records can be viewed in the APP.

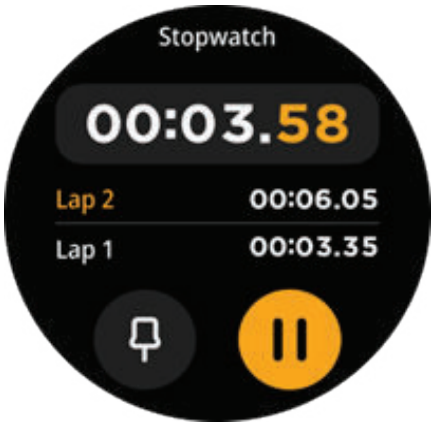
	**Heart Rate:** Measure the current heart rate value, and you can enable 24-hour heart rate monitoring on the APP. More detailed information analysis and data records can be viewed on the APP. (The values are for reference only and cannot be used as medical evidence)
	Phone Call: You can make and receive calls, view call records, and add contacts simultaneously on the APP. When using the phone function, you need to keep the connection between the watch and the phone stable.
	Exercise: Walking, running, outdoor cycling, skipping, badminton, basketball, football, mountaineering, tennis, rugby, golf, yoga, fitness, dancing, baseball, elliptical machine, etc. 100+ sports modes. More detailed information analysis and data records can be viewed in the APP.

	Exercise Records: record the latest 5 exercise records.
	Blood Pressure: measure the current blood pressure value and record the latest 7 blood pressure measurement records. More detailed information analysis and data records can be viewed in the APP. (The values are for reference only and cannot be used as medical basis)
	Blood Oxygen: Measure the current blood oxygen value and record the latest 7 blood oxygen measurement records. More detailed information analysis and data records can be viewed in the APP. (The values are for reference only and cannot be used as medical basis)

	Stress: Measure the current pressure value. You can enable 24-hour pressure monitoring on the APP. More detailed information analysis and data records can be viewed on the APP. (The values are for reference only and cannot be used as medical evidence)
	Weather: Displays the weather conditions for the current day and the next 6 days. Weather information requires connecting to the APP to obtain data. If the connection is disconnected for a long time, the weather information will not be updated.
	Messages: Synchronize information notifications from the mobile phone and display the latest 8 information storage. (Note: Turn on the corresponding information notification switch on the APP)

	Shutter: After connecting to the APP, open the camera control on the APP and click to remotely control the camera.
	Music Player: After connecting to the APP, the watch can control the music play/pause/previous song/next song and volume adjustment on the phone.
	Relaxation: Select the mode that best suits your needs to help you relax and reduce stress for better sleep.

	Voice Assistant: Click on the voice assistant and say the function you want to wake up . (Note: The watch needs to be connected to the phone via Bluetooth to work)
	**Timer:** You can set the timing time by yourself, such as 1 minute, 5 minutes, 10 minutes, etc.
	Alarm: You can add 8 sets of alarm clocks and set the reminder time. The alarm clock reminder will vibrate and light up the screen.

	**Stopwatch:** supports 99 sets of time records.
	Menstrual Period: Set the menstrual period function on the APP, and the watch will display the corresponding menstrual period, predicted menstrual period, and ovulation period reminder.
	Flashlight: Tap to turn on the flashlight, and tap the flashlight page to turn off.

	Find Phone: Click Find phone, and the phone will vibrate and ring to remind you.
	Calculator: Supports simple calculation functions and can perform basic calculations such as addition, subtraction, multiplication, and division.
	Games: The watch comes with 4 casual games, Bird Flying, 2048, Dice, and Air Combat. You can play them anytime and anywhere.

	Settings: Display and brightness, vibration and sound, do not disturb mode, low power, media audio, usage preferences, and system.
	Screen Clock: You can choose between a digital clock or an analog clock to be displayed while the watch screen is off. (Enabling this feature will reduce battery life.)
	Media Audio: Turn on/off the entertainment sound: play music/swipe TikTok/watch videos, watch movies, the watch will play sound, and the phone will not play sound. (The main control is the third-party playing sound)

Other Functions:
Other features include e-business card, find my watch, 12/24-hour format, online watch face push, unit settings, raise-to-wake screen, drinking reminder, sedentary reminder, low battery alert, high heart rate alert, and goal achievement reminder.

Charging:
01. Place the watch on the charging head so that the charging contacts on the back of the watch fit perfectly with the metal contacts on the charging head.
02. Connect the charging cable to a standard USB charger purchased from a regular channel with an output voltage of 5V and an output current of 0.5A or above.

If the watch cannot be turned on after being left for a long time, please wipe the charging contacts of the charging cable clean before using it again to avoid sweat or moisture residue.

CE

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Specification

Waterproof Level	IP68
Material	High-Strength Metal Frame
Chipset	AB5681G
Display Style	AMOLED
Display Resolution	466x466
Display Size	1.43-inch
Touch Panel	Full touch screen
Screen Cover	2.5D high-hardness glass
Bluetooth Version	BT5.3
PPG Sensor	HX3918
G-Sensor	SC7A20H
Memory (ROM+RAM)	128 Mbit Nor Flash
Back Case	PC, IML
Charging Method	Magnetic wireless charging
Charging Voltage	5V/0.5A
Charging Time	2.5 Hours
Battery Type	Polymer
Battery Capacity	300mAh 3.8V
Buttons	Silent encoder, three buttons
Speaker	High-fidelity speaker