



S **MART WATCH**
Enjoy Your Smart Watch

FULL TOUCH SCREEN

Enjoy Your Smart Watch

MODEL: LPW-S89 +

EN User Manual

Note: Waterproof performance

The device is not suitable for diving or swimming in the sea; and not suitable for hot water baths, hot springs, saunas, etc



Bluetooth Calling



Wireless Charging



HD Color Screen



IP67 Waterproof



Heart Rate

User Manual

I : Scan the QR code to download and install the APP

Note: Downloading the APP on iPad or Tablet is not supported.

Compatible with iOS 9.0 & above and Android 5.0 & above.

If the watch's firmware or the APP is not the latest version, it may affect the usage of the watch or the APP. Please update the watch's firmware and the APP to the latest version.



APP Download
LT Watch

APP Upgrade: [LT Watch] → [Profile] → [About] → [update]

Firmware Upgrade: [LT Watch] → [Device] → [Firmware upgrade] → [upgrades]

APP Connection

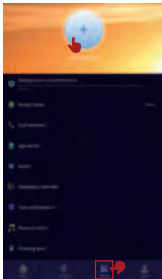
1: Turn on mobile phone's Bluetooth and GPS.

2: [LT Watch] → [Device] → [Add Device]

Tap on the watch name to pair it.

Special Attention:


Android phone will automatically clean up infrequently used APP, causing APP to be closed in the background. Please turn on the relevant permissions to ensure normal use.



[Figure 1]

SmartPhone Setting

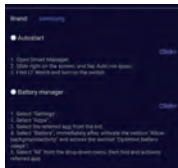
1: Ensure that the permission of notifications of APP in your mobile phone is turned on: open[Smart phone] → [Settings] → [App and notifications]→ [Permissions]→ [LT Watch] Set all permissions to be ON.

2: Special Note Above **iOS 12** system version , [settings] → [bluetooth] → [my devices] → [device name] → tap this :  → [share system notifications] → open it

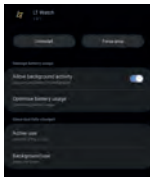
Special Note: if Application(Wechat/whatsapp/Skype...) is logged into computers and phones ,there would be no message displayed in watch)-----

II: APP "permission settings"

Android phone background will clean up infrequently used software,Please turn on the permissions.



[Figure 2]



[Figure 3]

III: Watch Functions

smart watch supports a variety of functions: multiple sport modes, weather information, watch face store, heart rate monitoring, sleep monitoring, blood oxygen saturation monitoring, find my phone, message notifications, and etc.

Function Descriptions

1.DND(do not disturb), Always on display ,Flashlight



2.Music player ,Alarm on watch ,Settings

In the homepage , switch from bottom to the top

3.Ai Voice Assitant

First please make sure the watch is connected to the LT Watch App, and audio BT also connected, then on the home page to click side button to enter into menu, find Assistant , Enter, Click and talk to command the Phone.



4. Change Watch Face from APP

METHOD1: in homepage, long press on the screen center, then swipe to change Or use side crown to rotate and change watchface

METHOD2: Customize the watch face and change the watch face via the APP's watch face store: **[LT Watch]** → **[Device]** → **[Watch faces]** → **[Edit]** or **[More]** → **[Select picture]** → **OK** to download and change it with the new watch face (Do not leave the download interface until the download is 100% completed)

5. Step Counting

Activity data resets every day after 00:00, and you can check the history records in the APP.

6. Heart Rate Monitoring

It measures your heart rate data . To measure your heart rate : Turn on the heart rate monitoring function , and after 2 seconds it will automatically measure the heart rate , then wait for about 10-20 seconds until the measurement is completed .

Besides , if you need 24H automatic heart rate monitoring , you can also set this function in the APP : **[LT Watch]** → **[Device]** → **Turn on [Automatic heart rate detection]** .

Notes : 1) Ensure the sensor at the back of the watch slightly touches the skin and the wristband not too tight or too loose .

2) If you need to measure the exercise heart rate , please go to the exercise mode for measurement .

7. Blood Oxygen Monitoring

It measures your blood oxygen saturation data. You can check the historical measurement results in the APP's blood oxygen interface.

8. Blood Pressure Monitoring

It measures your blood pressure data. You can check the historical measurement results in the APP's blood BP interface.

9. Sleep Monitoring

9. Sleep Monitoring: It records your sleep data, and you can check the history records in the APP (Default sleep monitoring period: 20:00pm-10:00am).

10. Weather

You need to connect the watch and LT Watch APP to get the weather information in your location. Moreover, you can go to **[LT Watch] → [Profile] → [Unit Setting] → [Temperature]** to switch between °C and °F.

Note: The weather information displayed on the smart watch is obtained from a third-party weather service provider.

If your smart phone and smart watch obtain weather data from different weather service providers, then the displayed weather information may also be different.

11. Multiple sport modes

Exercise data will be automatically synchronized to the APP when connected, and you can check the detailed data records in the sports mode in the APP.

Notes : The watch does not built with GPS. But the GPS track function can be used in the Sport mode of app

12. Breathing Exercises

Follow the on-screen instructions for inhalation and exhalation (Breathing exercises help relax a person's mood, reduce psychological stress and improve vital capacity).

13. Shutter (watch should be connected to the APP)

Method 1: In the APP: Go to [LT Watch] → [Device] → [Easy camera], and click the shutter button to take a photo.

Method 2: On the watch: Click the shutter button on the watch's interface to take a photo, or shake your arm to take a photo automatically.

14. Sedentary Reminder

Go to [LT Watch] → [Device] → [Sedentary reminder] to enable/disable this function. If the watch detects no enough activities or steps during the set time period, the sedentary reminder function will be enabled, and the watch will then remind you every one hour.

15. Alarm Function

Go to [LT Watch] → [Device] → [Alarm] to set alarms according to your needs. Up to 5 alarms can be set (The alarm will only give a reminder when the set time is more than 2 minutes).

16. Calling function

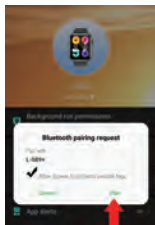
Step#1: On LT Watch App, Add Device and Connect the L-S89+Watch, after its connected in 5 seconds, there will be a pop up window to connect the audio BT & calling request, Please Click allow and pair.

Step#2: On home page, click side crown to enter menu > Phone > dial out in keypad or check recent calls.



Step#3: Sync contact list.go to app, in telephone directory, and click "+" to input the contacts and sync to watch

Step#4: if you want to disable call on the watch, go to setting > call set > call audio and disable it



[Figure 1]



[Figure 1]

16. Calling function

Step#5: Trouble Shooting, Why i cannot user bluetooth call to dial out or receive calls on the watch?

Situation A:

Make sure the Phone setting, phone (BT call) feature is enabled(Figure 1)

Situation B:

Step 1: remove all the bluetooth connected in Phone Setting

Step2: Disconnect Watch from app

Step 3: Add Device on App, Connect the watch, and click allow and pair when app pop up the window to enable the BT calling & Access granting(Figure 1)

17. Music Control

1. watch can control the music playback on the phone and control volume

2. Play the music via the watch speaker: Go to Watch Setting > Call set > Media Audio (Figure 2), Enable it, then watch speaker will play the sound from phone, you can also disable it here when you dont want media sound to watch

18. Call Reminder

Go to [LT Watch] → [Device] → [Call reminder] to enable/disable this function. After the call reminder function is enabled, then the watch can remind you of the incoming calls on your phone.

Note: The watch can be used to answer calls if Audio BT is connected.

19.Wake Screen on Wrist Raise

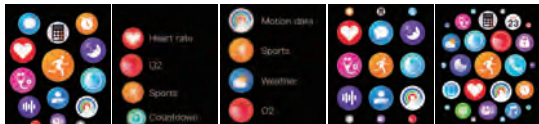
Flip your arm, and the screen will automatically light up.

20. Message Notification

The watch can save the latest 5 messages.

21.Menu Style Change

Click the side crown button to enter menu ,and quick double click crown button to switch from the 3 menu style options.



22.Customize the main pages of Right Swipe

when we continuously swipe screen from left to the right ,it comes with sports activity ,heart rate ,sleep, weather and so on.the last page was a "+", which user can add the feature he wants to put .



also when user want remove some of above feature page and replace with other feature page (widget) , user can long touch the screen center for 3 seconds ,it comes up with a delete icon .user can swipe and choose which feature (widget) to delete and press crown button to exit ,later user can again add new feature page in the section of "+"



23.More:

Calender ,Caculator, Alarm, Game, Social Network QR Code Holder, Stop Watch, Countdown to enter from menu

Specification

Water proof	IP67
Outlook&Material	Zinc Alloy + IML backcase
Chipset	REALTEK RTL8762DK-CG+HN333
LCD style	TFT/IPS
LCD Resolution	1.69" 240*280
Screen Size	1.69"
Touch Panel	Full touch
Memory	RAM:192KB
External Memory	128Mbit
G-Sensor	SC7A20
Bluetooth Version	5.0
MobileAPP-GPS	YES
Heart rate sensor	Pixart 8007
Speaker	Yes
Wireless charger	yes
Vibrator	YES
Battery Type	Polymer
Battery Protection Board	G3J
Battery Capacity	210mAh
Charging time	2-4 hours
Theory Standby time	30-35 days
Normal using time	4 to 6 days